



# Mothers Work! How to Get a Grip on Guilt and Make a Smooth Return to Work

*Jessica Chivers*

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While the seemingly perfect celebrities in glossy magazines may make juggling family life with a career look effortless, the reality is that reaching equilibrium without going insane requires support and some excellent advice!

*Mothers Work!* dissects and discusses the burning issues playing on these mothers' minds, with a warm, encouraging voice that nudges women to be proactive and gently draws mums away from the pressure of perfection. Jessica shows us that 'it's good to be good enough' and explains how to do it!

This book will help you to: know your ideal work scenario; keep in touch and ask for what you want; see your family as a team; find childcare that fits your family; get a grip on guilt; go for 'good enough' at home; get organised for a smooth return; do what it takes to thrive.

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The reason why? Because this Mothers Work! How to Get a Grip on Guilt and Make a Smooth Return to Work is an unordinary book that the inside of the publication waiting for you to snap that but latter it will jolt you with the secret it inside. Reading this book close to it was fantastic author who have write the book in such wonderful way makes the content within easier to understand, entertaining means but still convey the meaning fully. So , it is good for you because of not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of gains than the other book include such as help improving your expertise and your critical thinking method. So , still want to postpone having that book? If I have been you I will go to the book store hurriedly.

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