



# **Shaman Wisdom, Shaman Healing: Deepen Your Ability to Heal with Visionary and Spiritual Tools and Practices**

*Michael Samuels, Mary Rockwood Lane*

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Praise for Michael Samuels and Mary Rockwood Lane

"Filled with the truth about how spirit can heal us. I was very moved by this powerful book."  
–Christiane Northrup, M.D. (on Spirit Body Healing)

"Dr. Michael Samuels provides us with new tools and ways of thinking about our capacity to heal. He has been a wonderful teacher for me and can be for you. . . . His work is inspiring."  
–Bernie Siegel, M.D.

"Healing is a creative process. These heartfelt stories and beautiful visualizations inspire the reader to see all life as a healing journey."  
–David Simon, M.D. (on Spirit Body Healing)

"Dr. Michael Samuels is one of the leading pioneers in exploring creativity as an important part of every person's healing journey."  
–Dean Ornish, M.D.

Ancient spiritual wisdom—practical results

Long before there were medical doctors, surgical procedures, and prescription drugs, shaman healers learned to combat illness and restore physical health using the tools and skills of the body, mind, and spirit. Shaman Wisdom, Shaman Healing shows you how to harness the power of these ancient shamanic traditions to expand your ability as a healer.

This practical, prescriptive guide offers a step-by-step program that shows you how to focus the power of your mind, open yourself to your visionary life, and allow the healing spirit to flow through you. You'll learn how to heal yourself and others using proven techniques drawn from both Native American and Asian traditions, including:

- Heeding the call
- Creating a sacred space
- Inviting spirit through prayer
- Using guided imagery and moving healing energy
- Invoking spirit animals and the spirits of ancient ones
- Using a medicine wheel and cultivating visions

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### **From reader reviews:**

#### **Bobby Blade:**

Here thing why this specific Shaman Wisdom, Shaman Healing: Deepen Your Ability to Heal with Visionary and Spiritual Tools and Practices are different and trustworthy to be yours. First of all examining a book is good however it depends in the content from it which is the content is as scrumptious as food or not. Shaman Wisdom, Shaman Healing: Deepen Your Ability to Heal with Visionary and Spiritual Tools and Practices giving you information deeper and in different ways, you can find any guide out there but there is no guide that similar with Shaman Wisdom, Shaman Healing: Deepen Your Ability to Heal with Visionary and Spiritual Tools and Practices. It gives you thrill reading journey, its open up your personal eyes about the thing which happened in the world which is maybe can be happened around you. You can actually bring everywhere like in park your car, café, or even in your way home by train. When you are having difficulties in bringing the printed book maybe the form of Shaman Wisdom, Shaman Healing: Deepen Your Ability to Heal with Visionary and Spiritual Tools and Practices in e-book can be your alternative.

#### **Wanda Leopard:**

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#### **Jolene Rivera:**

A lot of people always spent their free time to vacation or go to the outside with them family or their friend. Were you aware? Many a lot of people spent they will free time just watching TV, or even playing video games all day long. If you would like try to find a new activity here is look different you can read some sort of book. It is really fun for you. If you enjoy the book that you read you can spent 24 hours a day to reading a publication. The book Shaman Wisdom, Shaman Healing: Deepen Your Ability to Heal with Visionary and Spiritual Tools and Practices it is very good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. If you did not have enough space to bring this book you can buy the actual e-book. You can m0ore quickly to read this book from your smart phone. The price is not to cover but this book possesses high quality.

**Harold Phillips:**

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