



# **A Real Boy: A True Story of Autism, Early Intervention, and Recovery**

*Christina Adams*

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Jonah Adams was diagnosed as autistic at two years and eight months. Just a few years later, a doctor refused to believe such a diagnosis could ever have been given to this healthy, happy boy. This is the true story of how Jonah's mother, Christina, seized his limited window of opportunity for recovery. Detailing how she utilized a combination of a special diet and one-on-one tutoring with speech therapists and behavioral psychologists, Christina shares the entire journey she undertook to give her child a second chance at a full life.

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