



# The Hot Mom's Handbook: Moms Have More Fun!

*Jessica Denay*

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*The Hot Mom's Handbook* is the official guide to the "Hot Mom" movement and the ultimate resource for any mom who refuses to check her sense of style and sexuality at the white picket fence! This handbook tosses all those "mom" stereotypes right out the minivan window and reveals the eight secrets guaranteed to transform *every* mom into a Hot Mom!

And just who is a Hot Mom? A Hot Mom is confident and empowered. A Hot Mom is a woman who meets the needs of her family but refuses to lose herself in the madness of motherhood. A Hot Mom is a woman of any age who knows how to take care of herself and has a whole lot of fun along the way!

With insights from Jessica Denay's personal journey, this handbook holds lighthearted advice, stories, and quotes from unique and inspirational Hot Moms from all walks of life.

Celebrity Hot Mom contributors include: Lauren Holly, Kelly Preston, Holly Robinson Peete, Kathie Lee Gifford, Carnie Wilson, Meredith Brooks and many more!

"*The Hot Mom's Handbook* should be required reading for moms worldwide! Filled with empowerment, compassion, empathy and inspiration, Denay really does prove that blondes--oops, I mean MOMS--really do have more fun!"

--Julie Watson Smith, Founder of Mommy Hullabaloo, Author of *Mommyhood Diaries: Living the Chaos One Day at a Time*

There's a Hot mom inside each of us and it's possible to find 'her' with *The Hot Mom's Handbook*. Kudos to Jessica Denay for standing up against society's beliefs of motherhood and encouraging moms to realize that their lives did not end when they became a mother. Denay's writing inspires all mothers to be proud of the one title that can never be taken away."

--Victoria Pericon (a.k.a. Savvy Mommy), Family Lifestyle

"*The Hot Mom's Handbook* uplifts our maternal spirits, raises us above burned dinners and household chores to our higher selves, the people we've always been but have forgotten amidst the dirty laundry and mile-long list of commitments. It's all about moms and how we can live more powerful lives."

--Christine Louise Hohlbaum, American author of *Diary of a Mother* and *SAHM I Am: Tales of a Stay-at Home Mom in Europe*

"Inside every mother there's a Hot Mom just waiting to break free. *The Hot Mom's Handbook* is the perfect guide to unleash the sizzlin' babe within. So ditch the sweats, embrace your stretch marks, and be proud of who you are, a smokin' hot momma!"

--Kathryn S. Mahoney, Author of *Cracked at Birth: One Madcap Mom's Thoughts on Motherhood, Marriage and Burnt Meatloaf*

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