



# Faith, Grief & Pass the Chocolate Pudding

*Heather Wallace, Stuart Rubio*

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**Faith, Grief & Pass the Chocolate Pudding** Heather Wallace, Stuart Rubio

Best book on grief ever. Why? Because it's real. Because it tells you you're not crazy. Because even though you're in the midst of grieving and there's all this noise and confusion in your head screaming at you, this book is the sweet whisper from Heather and Stu saying, "I get you. You're not crazy. It's gonna be ok."

When Heather Wallace lost her father, all she really wanted was a book that could make her laugh, feel less alone in her grief, and would help her feel a little less crazy. She couldn't find that book. So she decided to write it.

The end result is *Faith, Grief & Pass the Chocolate Pudding*, a book some might compare to a manual on what not to do while grieving, or the idiot's guide to not losing your mind through loss. The self-proclaimed "Princess of Chocolate Pudding," Heather's brutally honest, humorous approach to dealing with grief and her ability to share the story of her journey through the loss of her father is both refreshing and hilarious.

In *Faith, Grief & Pass the Chocolate Pudding*, co-author Lieutenant Colonel Stuart Rubio shares the loss of his younger brother Jamie from a guy's perspective. And because he considers himself slightly less weird than his friend, Heather.

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Many people said that they feel uninterested when they reading a publication. They are directly felt the idea when they get a half parts of the book. You can choose the book Faith, Grief & Pass the Chocolate Pudding to make your reading is interesting. Your own personal skill of reading talent is developing when you similar to reading. Try to choose simple book to make you enjoy you just read it and mingle the impression about book and reading through especially. It is to be very first opinion for you to like to start a book and go through it. Beside that the book Faith, Grief & Pass the Chocolate Pudding can to be your new friend when you're feel alone and confuse using what must you're doing of the time.

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