



# Edible Wild Plants: A North American Field Guide

*Thomas Elias, Peter Dykeman*

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Already a huge success in previous editions, this must-have field guide now features a fresh new cover, as well as nearly 400 color photos and detailed information on more than 200 species of edible plants all across North America. With all the plants conveniently organized by season, enthusiasts will find it very simple to locate and identify their desired ingredients. Each entry includes images, plus facts on the plant's habitat, physical properties, harvesting, preparation, and poisonous look-alikes. The introduction contains tempting recipes and there's a quick-reference seasonal key for each plant.

"Season-by-season guide to identification, harvest, and preparation of more than 200 common edible plants to be found in the wild....Hundreds of edible species are included....[This] handy paperback guide includes jelly, jam, and pie recipes, a seasonal key to plants, [and a] chart listing nutritional contents."—*Booklist*.

"[Five hundred] beautiful color photographs...temptingly arranged."—*The Library Letter*

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