



# Vegetables Please: The More Vegetables, Less Meat Cookbook

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# Vegetables Please: The More Vegetables, Less Meat Cookbook

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**Vegetables Please: The More Vegetables, Less Meat Cookbook** DK Publishing

Vegetarians, meat-lovers, and anyone seeking to add more vegetables to their diet will all find inspiration in this vegetable-centric cookbook.

*Vegetables Please: The More Vegetables, Less Meat Cookbook* presents more than 200 vegetarian recipes for breakfast, lunch, dinner, and dessert, proving that home chefs don't need to include meat to make a delicious and satisfying meal. Readers will also discover helpful produce tips, quick ideas for vegetable basics, and even advice on which meats could pair well with certain dishes.

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