



Lesson One: The ABCs of Life: The Skills We All Need but Were Never Taught

Jon Oliver, Michael Ryan

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A Guide for Adults and Children by the Founder of the Award-Winning Lesson One Program

This indispensable book gives adults a proven plan to help children develop the life skills and internal discipline necessary to learn and thrive in today's society.

Following the logical progression of a child's development, the book uses upbeat activities and games that adults and children can share to ground themselves in Lesson One skills for use in everyday life. Offering much-needed answers to major problems gripping our culture, here is the book that anyone living and working with children has been waiting for -- a lesson plan that works for life.



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