



# Confessions of a Sociopath: A Life Spent Hiding in Plain Sight

*M.E. Thomas*

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**A PUBLISHERS WEEKLY BEST OF 2013 STAFF PICK**

As M.E. Thomas says of her fellow sociopaths, “We are your neighbors, your coworkers, and quite possibly the people closest to you: lovers, family, friends. Our risk-seeking behavior and general fearlessness are thrilling, our glibness and charm alluring. Our often quick wit and outside-the-box thinking make us appear intelligent—even brilliant. We climb the corporate ladder faster than the rest, and appear to have limitless self-confidence. Who are we? We are highly successful, noncriminal sociopaths and we comprise 4 percent of the American population.”

*Confessions of a Sociopath*—part confessional memoir, part primer for the curious—takes readers on a journey into the mind of a sociopath, revealing what makes them tick while debunking myths about sociopathy and offering a road map for dealing with the sociopaths in your life. M. E. Thomas draws from her own experiences as a diagnosed sociopath; her popular blog, Sociopathworld.com; and scientific literature to unveil for the very first time these men and women who are “hiding in plain sight.”

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