



# Challenges in Professional Supervision: Current Themes and Models for Practice

*Liz Beddoe, Allyson Davys*

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Challenges in Professional Supervision draws on the latest research and theory to explore issues, trends and developments in supervision work.

The provision of excellent supervision is strongly linked to improved performance and staff retention. In this book, supervision is examined across a broad range of settings, addressing concerns common to a range of professions, including health, social work and counselling. The book is divided into two sections: the first describes the contemporary themes in professional supervision and the second discusses the models and skills being employed to deliver it. Issues such as supervising ethically, practitioner wellbeing and managing the process are all explored. There are also chapters on group supervision, supervision of managers and how to have difficult conversations.

This book is ideal for managers and senior practitioners in health and social care with an active interest in developing, energising and inspiring their supervision practice, as well as academics interested in keeping up-to-date with developments in the field.

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