

Making Your Creative Mark: Nine Keys to Achieving Your Artistic Goals

Eric Maisel



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Eric Maisel's prolific, multifaceted career is a testament to his profound understanding of what it takes to live out one's creative ambitions. A therapist who is also a bestselling author, coach (and coach trainer), columnist for Professional Artist magazine, and featured blogger for Psychology Today and the Huffington Post, Maisel is an expert on all that blocks the creative. In Making Your Creative Mark, Maisel distills his decades of coaching, teaching, listening, and creating into nine keys, including Passion, Confidence, Empathy, Stress, and Relationship. Each key's lesson helps creators implement real solutions to their individual challenges. Whether they are writers, painters, actors, composers, or craftspeople, readers will learn to "unlock" what has kept them from beginning, continuing, completing — and succeeding.

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