



# My Cross to Bear

*Gregg Allman*

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## **My Cross to Bear** Gregg Allman

For the first time, rock music icon Gregg Allman, one of the founding members of The Allman Brothers Band, tells the full story of his life and career in *My Cross to Bear*. No subject is taboo, as one of the true giants of rock 'n' roll opens up about his Georgia youth, his long struggle with substance abuse, his string of bad marriages (including his brief union with superstar Cher), the tragic death of brother Duane Allman, and life on the road in one of rock's most legendary bands.

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