



The Unhappy Child: What Every Parent Needs to Know

Kenneth N. Condrell

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There are millions of children in this country who spend most of their days feeling more unhappy than happy, and their parents haven't a clue as to why. These chronically unhappy children may be on their way to developing a depressive disorder.

In this important and completely accessible book, Dr. Kenneth N. Condrell teaches both parents and mental health professionals the ten most common, yet sometimes not-so-obvious causes of childhood unhappiness. More important, he offers practical solutions — solutions that can help troubled children and protect them from a lifetime of unhappiness.

Not only parents but school administrators, guidance and teaching personnel, pediatric office staff, and mental health professionals will greatly benefit from Dr. Condrell's 35 years of experience helping children with emotional problems.

Readers will actually hear from the mouths of children what makes them unhappy. By using actual quotes from kids whom Dr. Condrell has treated, this unusually insightful book bridges the separate worlds of the growing child and parents, so mom and dad can discover the secret pain that children are so good at keeping from them.

Parents are often at a loss as to how they can help a child who looks and acts unhappy most of the time or makes statements such as:

"I wish I was dead."

"I'm going to kill myself."

"I hate myself."

"Nothing ever good happens to me."

This book will make parents aware of the kinds of experiences that cause children to become unhappy. With this knowledge parents can be proactive and protect their sons and daughters from entering a state of unhappiness that places them at risk for becoming depressed and possibly developing into depressed adults.



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Marie Williams:

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Esther Watson:

Spent a free time to be fun activity to accomplish! A lot of people spent their leisure time with their family, or their own friends. Usually they doing activity like watching television, gonna beach, or picnic from the park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Could possibly be reading a book can be option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to test look for book, may be the e-book untitled The Unhappy Child: What Every Parent Needs to Know can be good book to read. May be it is usually best activity to you.

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