



# **Schizophrenia (Advances in Psychotherapy: Evidence-Based Practice) (Advances in Psychotherapy - Evidence-Based Practice)**

*Steven M. Silverstein, William D. Spaulding, Anthony A. Menditto*

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From the series: *Advances in Psychotherapy – Evidence-Based Practice* This highly anticipated volume provides a concise, practical, and up-to-the-minute view of evidence-based treatment of schizophrenia. Well-designed outcome studies have demonstrated the effectiveness of specific psychological interventions for schizophrenia for over 40 years. Despite this, schizophrenia is still misperceived by many people to be treatable only by medication. This book reviews currently available treatments for schizophrenia and the evidence for their effectiveness. Practical guidance on comprehensive treatment planning of the condition is provided, along with reviews of current theories of schizophrenia, long-term outcome studies and associated remission rates, different classes and types of assessment instruments relevant to psychiatric rehabilitation, and research on mechanisms of recovery. A number of important conceptual issues are interwoven within the discussion, including the relevance of different models for treatment of schizophrenia, and the importance of a recovery-oriented perspective.

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