



# **Remembering Yesterday, Caring Today: Reminiscence in Dementia Care: A Guide to Good Practice (Bradford Dementia Group)**

*Errollyn Bruce, Pam Schweitzer*

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Reminiscence is a vital way to stimulate communication and promote confidence and self-worth in people with dementia. This practical guide is designed to give those who care for people with dementia a clear sense of how reminiscence can be used to greatly improve their quality of life.

The book explores how reminiscence can contribute to person-centred dementia care and contains detailed descriptions of activities that can be used in a group setting, for one-to-one reminiscence at home or in a variety of care settings. Based on ideas developed and tested internationally over a period of ten years, the book offers imaginative approaches to reminiscence and a wealth of resources for use in a wide range of situations. The book includes advice on organising a reminiscence project and provides a useful planning tool for group sessions.

Remembering Yesterday, Caring Today highlights the value of reminiscence for those with dementia and is an essential guide to good practice for family and professional carers.

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Playing with family in a park, coming to see the coastal world or hanging out with close friends is thing that usually you have done when you have spare time, then why you don't try point that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love Remembering Yesterday, Caring Today: Reminiscence in Dementia Care: A Guide to Good Practice (Bradford Dementia Group), you could enjoy both. It is very good combination right, you still desire to miss it? What kind of hang-out type is it? Oh occur its mind hangout guys. What? Still don't get it, oh come on its identified as reading friends.

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