

Don't let Your Kids Kill You: A Guide for Parents of Drug and Alcohol Addicted Children

Charles Rubin



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Defies the myth that parents must sacrific themselves. Instead, shows them how to reclaim their power, balance, happiness...and lives. When kids turn to substance abuse, parents also become vicims as they watch their children transform into irrational and antisocial individuals. This harrowing scenario finds parents buckling beneath the stress--often with catastrophoric consequences: Divorce, career upsets, breakdowns and worse. "Don't Let Your Kids Kill You" is a landmark work that dares focus on the plight of the confused, distressed parent and not the erring child. It sets aside any preconceived ideas that parents are to blame for what is essentially a full-blown global crisis. Drawing on interviews with parents who've survived the heartbreak of kids on drugs, combined with his own experience, Charles Rubin provides practical advice on how parents can help themselves and their families by first attending to their own needs. Liberation begins when you open this book.

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In this time globalization it is important to someone to get information. The information will make anyone to understand the condition of the world. The healthiness of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, newspaper, book, and soon. You can observe that now, a lot of publisher that will print many kinds of book. The actual book that recommended to your account is Don't let Your Kids Kill You: A Guide for Parents of Drug and Alcohol Addicted Children this reserve consist a lot of the information in the condition of this world now. That book was represented how can the world has grown up. The dialect styles that writer value to explain it is easy to understand. Often the writer made some research when he makes this book. This is why this book suitable all of you.

Charles Steen:

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