



Anxiety Disorders: A Guide for Integrating Psychopharmacology and Psychotherapy (Clinical Topics in Psychology and Psychiatry)

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Drs. Stephen M. Stahl and Bret A. Moore have created an instant classic in *Anxiety Disorders: A Guide for Integrating Psychopharmacology and Psychotherapy*. *Anxiety Disorders* is a comprehensive reference for the psychiatry and psychology student, intern, or resident, early career psychiatrist or psychologist, and the busy clinician. It distills the most important information regarding combined treatments for anxiety and presents the material in an easily accessible, understandable, and readable format. Each chapter addresses a specific type of disorder: PTSD, panic, generalized anxiety, obsessive-compulsive and other disorders, and is authored by prominent clinicians with years of experience in providing integrated, individualized treatments. With its thorough exploration of psychopharmacological treatments, psychosocial treatments, and, crucially, the integration of the two, *Anxiety Disorders* is a text no 21st-century clinician or student can afford to be without.

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