



# One God Clapping

*Alan Lew, Sherril Jaffe*

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## **One God Clapping** Alan Lew, Sherril Jaffe

From Zen Buddhist practitioner to rabbi, East meets West in this firsthand account of a spiritual journey.

Rabbi Alan Lew is known as the Zen Rabbi, a leader in the Jewish meditation movement who works to bring two ancient religious traditions into our everyday lives. *One God Clapping* is the story of his roundabout yet continuously provoking spiritual odyssey. It is also the story of the meeting between East and West in America, and the ways in which the encounter has transformed how all of us understand God and ourselves.

Winner of the PEN / Joseph E. Miles Award

Like a Zen parable or a Jewish folk tale, *One God Clapping* unfolds as a series of stories, each containing a moment of revelation or instruction that, while often unexpected, is never simple or contrived. *One God Clapping*, like the life of the remarkable Alan Lew himself, is a bold experiment in the integration of Eastern and Western ways of looking at and living in the world.

Alan Lew is the rabbi of Congregation Beth Sholom in San Francisco and is at the forefront of the movement to develop new forms of Jewish spiritual expression. His work in the area of using Zen meditation to enhance Jewish spirituality has been highlighted on programs such as ABC News, The MacNeil-Lehrer Report, the PBS news magazine Religion and Ethics Newsweekly, and National Public Radio's All Things Considered. He also serves as moderator of Mosaic, CBS's weekly religious talk show. Lew explores meditation in Jewish contexts, and has conducted workshops and retreats on Jewish meditation throughout the United States and Canada.

Sherril Jaffe is the author of many books, including *Ground Rules* and *House Tours*. Jaffe is a professor of English at Sonoma State University where she teaches fiction writing. She is married to Alan Lew, and they live with their family in San Francisco.

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