



# Hand and Upper Extremity Rehabilitation: A Practical Guide

*Rebecca Saunders, Romina Astifidis, Susan L. Burke, James Higgins, Michael A. McClinton*

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Blending the latest technical and clinical skills of hand surgery and hand therapy, **Hand and Upper Extremity Rehabilitation: A Practical Guide, 4th Edition** walks you through the treatment of common medical conditions affecting the upper extremities and highlights non-surgical and surgical procedures for these conditions. This expanded fourth edition presents the latest research in hand and upper extremity rehabilitation and provides the purpose and rationale for treatment options.

- **Clinical outcomes included in each chapter** relate clinical expectations to the results of clinical research trials, providing you with the expected range of motion and function based on evidence in the literature.
- **Highly structured organization** makes information easy to find, allowing the text to function as a quick reference in the clinical setting.
- **Contributors from a variety of clinical settings** like hand therapy clinics, hospitals, and outpatient clinics means you get to learn from the experience of clinicians working in diverse clinical contexts like yourself.
- **Over 400 line drawings and clinical photographs** delineate important concepts described in text.
- **Chapters divided into eight parts** - Wound Management, Nerve Injuries, Tendon Injuries, Shoulder, Elbow, Wrist and Distal Radial Ulnar Joint, Hand, and Special Topics - so information can be located quickly.
- **51 leading experts offer fresh insight** and authoritative guidance on therapeutic approaches for many common diagnoses.
- **Treatment guidelines presented for each stage of recovery** from a wide range of upper extremity conditions.
- **NEW! Authoritative quick reference guide** to surgical and non-surgical procedures for hand and all upper extremity conditions.
- **NEW! Updated information and references** offers the latest information and research in the areas of hand and upper extremity rehabilitation.
- **NEW! Larger trim size and new design** accommodates a two-column format that is easier to follow.

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