



Excellence in Coaching: The Industry Guide

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Excellence in Coaching presents cutting-edge thinking in the field of workplace coaching. This comprehensive industry guide enables coaches to achieve personal excellence with a groundbreaking collection of best-practice material covering: setting up and running your coaching practice; transpersonal coaching; behavioural coaching - the GROW model; integrative coaching; solution-focused coaching; intercultural coaching; cognitive behavioural coaching; coaching and stress; NLP coaching and coaching ethics.

Chapters have been updated for this new edition to reflect this rapidly changing profession. There are also brand new chapters on: accreditation, evaluating coaching, appreciative inquiry and making the most of a coaching investment.



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