



# Caring for Patients from Different Cultures

*Geri-Ann Galanti*

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## **Caring for Patients from Different Cultures** Geri-Ann Galanti

Healthcare providers in the American medical system may find that patients from different cultures bring unfamiliar expectations, anxieties, and needs into the examination room. To provide optimal care for all patients, it is important to see differences from the patient's perspective and to work with patients from a range of demographics. *Caring for Patients from Different Cultures* has been a vital resource for nurses and physicians for more than twenty years, offering hundreds of case studies that illustrate crosscultural conflicts or misunderstandings as well as examples of culturally competent health care.

Now in its fifth edition, *Caring for Patients from Different Cultures* covers a wide range of topics, including birth, end of life, communication, traditional medicine, mental health, pain, religion, and multicultural staff challenges. This edition includes more than sixty new cases with an expanded appendix, introduces a new chapter on improving adherence, and updates the concluding chapter with examples of changes various hospitals have made to accommodate cultural differences. Grounded in concepts from the fields of cultural diversity and medical anthropology, *Caring for Patients from Different Cultures* provides healthcare workers with a frame of reference for understanding cultural differences and sound alternatives for providing the best possible care to multicultural communities.

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