



# What Should I Do with My Life? The True Story of People Who Answered the Ultimate Question

*Po Bronson*

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**What Should I Do with My Life? The True Story of People Who Answered the Ultimate Question** Po Bronson

What should I do with my life?

It's a question many of us have pondered with frequency. Author Po Bronson was asking himself that very question when he decided to write this book - an inspiring exploration of how people transform their lives and a template for how we can answer this question for ourselves.

Bronson traveled the country in search of individuals who have struggled to find their calling, their true nature - people who made mistakes before getting it right. He encountered people of all ages and all professions - a total of 55 fascinating individuals trying to answer questions such as: Is a career supposed to feel like a destiny? How do I tell the difference between a curiosity and a passion? Should I make money first, to fund my dream? If I have a child, will my frustration over my work go away? Should I accept my lot, make peace with my ambition, and stop stressing out? Why do I feel guilty for thinking about this?

This audiobook is like listening in on an intimate conversation among people you care about and admire. Even if you know what you should do with your life, you will find wisdom and guidance in these stories of people who found meaningful answers by daring to be honest with themselves.

"We all have passions if we choose to see them," Bronson writes. "Most of us don't get epiphanies. We don't get clarity. Our purpose doesn't arrive neatly packaged as destiny. We only get a whisper. A blank, nonspecific urge. That's how it starts."

With humor, empathy, and insight, Po Bronson probes the depths of people who learned how to hear the whisper, who overcame fear and confusion to find a larger truth about their lives. A meditation, a journey, and a triumph of storytelling, *What Should I Do with My Life?* is a life-changing audiobook.

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