



Students' Mental Health Needs: Problems and Responses

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Student life is a time of change and adjustment, and students' families as well as staff need resources to help them provide support for students experiencing mental health difficulties. Based on recent research findings and drawing on the experiences of professionals, academics and service users, this book explores how the needs of students can best be met by student and community mental health services.

The contributors examine, in practical detail, how campus-based agencies can work with the voluntary sector, community practitioners and students' families to provide effective support for students with mental health problems. They place their discussion in the context of structural and economic changes in further and higher education and society and discuss the impact on students' mental health of factors such as family relationships, debt and financial difficulties, drug and alcohol abuse and academic challenges.

Including chapters on responding to student suicide and on faith and spirituality in relation to mental health, this is a valuable resource for those supporting students experiencing mental health problems and all those working in the field of student welfare.

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