

I Contain Multitudes: The Microbes Within Us and a Grander View of Life

Ed Yong



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Joining the ranks of popular science classics like *The Botany of Desire* and *The Selfish Gene*, a groundbreaking, wondrously informative, and vastly entertaining examination of the most significant revolution in biology since Darwin—a "microbe's-eye view" of the world that reveals a marvelous, radically reconceived picture of life on earth.

Every animal, whether human, squid, or wasp, is home to millions of bacteria and other microbes. Ed Yong, whose humor is as evident as his erudition, prompts us to look at ourselves and our animal companions in a new light—less as individuals and more as the interconnected, interdependent multitudes we assuredly are.

The microbes in our bodies are part of our immune systems and protect us from disease. In the deep oceans, mysterious creatures without mouths or guts depend on microbes for all their energy. Bacteria provide squid with invisibility cloaks, help beetles to bring down forests, and allow worms to cause diseases that afflict millions of people.

Many people think of microbes as germs to be eradicated, but those that live with us—the microbiome—build our bodies, protect our health, shape our identities, and grant us incredible abilities. In this astonishing book, Ed Yong takes us on a grand tour through our microbial partners, and introduces us to the scientists on the front lines of discovery. It will change both our view of nature and our sense of where we belong in it.

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Shawn Hunter:

Playing with family within a park, coming to see the coastal world or hanging out with close friends is thing that usually you could have done when you have spare time, and then why you don't try thing that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love I Contain Multitudes: The Microbes Within Us and a Grander View of Life, you may enjoy both. It is fine combination right, you still desire to miss it? What kind of hang type is it? Oh occur its mind hangout guys. What? Still don't understand it, oh come on its referred to as reading friends.

Elizabeth Edge:

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