



The Resilient Gardener: Food Production and Self-Reliance in Uncertain Times

Carol Deppe

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The Resilient Gardener: Food Production and Self-Reliance in Uncertain Times Carol Deppe
Winner of About.com's Reader's Choice Award: Best Garden Book Since 2010

Selected by Amazon.com as one of the Top 10 Books of 2010 in the Home and Gardening Category!

CREATIVE, PRODUCTIVE GARDENING FOR GOOD TIMES AND BAD.

In an age of erratic weather and instability, people's interest in growing their own food is skyrocketing. *The Resilient Gardener* presents gardening techniques that stand up to challenges ranging from health problems, financial problems, and special dietary needs to serious disasters and climate change.

Scientist and expert gardener Carol Deppe draws from emerging science in many fields to develop the general principles of gardening for resilience. Gardeners will learn through Deppe's detailed instructions on growing, storing, and using the five crops central to self-reliance: potatoes, corn, beans, squash, and eggs.

Learn how to:

- Grow food in an era of wild weather and climate change
- Garden with little to no irrigation or "store-bought" inputs
- Garden efficiently and comfortably (even with a bad back)
- Customize your garden to deal with special dietary needs or a need for weight control
- Make breads and cakes from home-grown corn using original gluten-free recipes (with no other grains, artificial binders, or dairy products)
- Keep a laying flock of ducks or chickens, integrate them with your gardening, and grow most of their feed

And more . . .

The Resilient Gardener

is both a conceptual and a hands-on gardening book for all levels of experience. Optimistic as well as realistic, Deppe offers invaluable advice for gardeners (and their communities) to flourish.

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explain it is easy to understand. The writer made some analysis when he makes this book. That's why this book ideal all of you.

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