



# A Foodie & Fashionista's Guide To London

*Victoria Ugarte*

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Are you planning on visiting London but loathe the idea of large tour groups? Do you have passion for good food and wine, and eating out at the latest nosh pits about town? Do you have a penchant for shopping and an eagle eye for combining current and vintage fashion trends with the basics? Do you want to know where the locals hang out, their secret little gems, instead of being caught in the tourist traps? And lastly, don't you just WISH someone would put all this information down in a small, handy book! Take yourself from safe to standout in London with the invaluable information inside this book. You will learn: \* The hot and happening places in this dynamic city, borough by borough; where the people-in-the-know shop, dine and play. \* The best places to stay in London, from charming B&B's and chic boutique establishments to the lap of 5-star luxury. \* A comprehensive guide to British social etiquette, from how not to look like a novice at High Tea to the appropriate way to dress for Royal Ascot. \* A guide to all the must-see sights of London, plus a plethora of stunning day trips. Victoria Ugarte draws on the best of local knowledge, and her bi-yearly travels to London with the fashion industry, in her latest book, "A Foodie and Fashionista's Guide To London." Written in a relaxed and irreverent manner, and brimming with practical information from shop-happy and food-savvy locals, you'll get the low down on London's climate and what to pack, getting around on public transport, and the best places to eat, stay and play in London's inner boroughs. This book will have you armed and ready to make the most of this exciting city, whatever the season you choose to travel. Here's what other have had to say about "A Foodie & Fashionista's Guide To London": Claudia Chan Shaw, Fashion Designer, Author and Television Presenter: "This handy guide is a thorough and entertaining tour through one of the world's most fascinating and exciting cities. With tips on getting around this great metropolis, Victoria includes warnings of the perils of taking an unlicensed mini cab, gives a snapshot of the best family-run B & B's, the handiest serviced apartments right through to the most luxurious of celebrity haunts. This guide covers all budgets. Perhaps the most useful section of A Foodie & Fashionista's Guide to London is the breakdown of where to eat and shop in London's many Boroughs. London is huge! It's not just about the Tower of London and Harrod's. Each Borough has its own distinct flavour and Victoria Ugarte gently takes us by the hand to seek out the quirky and unusual. She tracks down the original ballet pump and the coolest Lulu Guinness handbag. Recommends the best fish and chips in town, plus takes us on a run through the most famous vintage markets in the world. Be transported. London, here we come!" And this from Sally Breen, gallery owner: "This is a terrific guide to London. I spend many weeks every year in the leading global capitol. Victoria Ugarte's guide embodies Bruce Chatwin's axiom... 'walking is a virtue, tourism is a deadly sin.' Leave your iPad/iPhone tourist apps in the hotel – this book compels you to walk the city and compose your own journey." From Kandy Russo, Sydney Stylist: "If Victoria has recommended it, you can be sure it will be enjoyable and to your liking. "A Foodie and Fashionistas Guide to London" will become like your American Express card - 'don't leave home without it'. If you expect to have a fabulous and delicious time in London, study the pages religiously as you plan your trip and keep it close by during your journey for all the insider tips. You're guaranteed to become the expert on London's hot restaurants and shopping gems. And lets face it, are there any more enjoyable pastimes than eating and shopping? Congratulations Victoria on another essential guide!"

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