

The Vitamin Cure for Alcoholism: Orthomolecular Treatment of Addictions

Abram Dr Hoffer, Andrew W PH.D. Saul



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Alcoholics suffer from a nutrient deficiency, especially vitamin B3. This work outlines the nutritional factors proven successful in treating alcoholism. It can help those who suffer from alcohol addiction, their friends and loved-ones, and those in the relevant helping professions.

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