



Diabetes: Complications of Diabetes: The most important information you need to improve your health (The Everything® Healthy Living Series)

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If you or a family member has been diagnosed with diabetes, you may feel overwhelmed by the challenges associated with this disease. The Everything® Healthy Living Series is here to help. These concise, thoughtful guides offer the expert advice and the latest medical information you need to improve your health. Diabetes can cause complications like neuropathy, vascular disease, and glaucoma. But good health habits and regular maintenance can help you to reduce the likelihood of serious problems. You'll learn how to recognize warning signs and lower the risk of short- and long-term side effects.

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