



# Fathering Right from the Start (Pregnant Fathers)

*Jack Heinowitz*

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**Fathering Right from the Start (Pregnant Fathers)** Jack Heinowitz

Coping tools and intelligent advice for today's fathers.

Becoming a father is a life-changing event, and not an easy one. The new feelings, emotions, and reactions surfacing every day can be confusing and overwhelming, summoning new dads to resolve old issues. *Fathering Right from the Start* helps guide men through this life passage, helping them navigate difficult times and participate meaningfully in parenting. Complete with exercises, checklists, and firsthand accounts by fathers from all walks of life, this indispensable book carries the seeds for a new tradition of men's involvement in the emotional, cultural, and psychical structure of the family.

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